



September 2023

9/1 Friday

9:30 Move It or Lose IT !!
10:30 Puns and Poetry
12:00 Lunch
2:00 Life Stations
4:00 Mary Tyler Moore

9/2 Saturday

10:30 Bingo
12:00 Lunch
2:00 Saturday Matinee
5:00 Dinner

9/3 Sunday

10:00 Morning Reflection
10:30 Lakeside Church
Service
12:00 Lunch
2:00 Life Stations
4:00 Rest and Relaxation
5:00 Dinner

9/4 Monday

Labor Day
9:15 Fitness Fun
10:30 Fancy Nails
12:00 Lunch
2:00 Bingo
3:30 Noodle Ball
5:00 Dinner

9/5 Tuesday

9:15 Chair Tai Chi
10:00 Bible Study
12:00 Lunch
2:00 Movie and Popcorn
5:00 Dinner

9/6 Wednesday

Happy Birthday Patricia
9:30 Exercise
11:00 Singalong
12:00 Lunch
2:00 Bean Bag Toss
3:30 Trivia

9/7 Thursday

9:30 Fitness Fun
10:30 Life Stations
12:00 Lunch
1:30 Art From the Heart
3:30 Bonanza
5:00 Supper

9/8 Friday

9:30 Move It or Lose IT !!
10:30 Puns and Poetry
12:00 Lunch
2:00 Life Stations
4:00 Mary Tyler Moore

9/9 Saturday

10:30 Bingo
12:00 Lunch
2:00 Saturday Matinee
5:00 Dinner

9/10 Sunday

10:00 Morning Reflection
10:30 Lakeside Church
Service
12:00 Lunch
2:00 Life Stations
4:00 Rest and Relaxation
5:00 Dinner

9/11 Monday

9:15 Fitness Fun
10:30 Fancy Nails
12:00 Lunch
2:00 Bingo
3:30 Noodle Ball
5:00 Dinner

9/12 Tuesday

9:15 Chair Tai Chi
10:00 Bible Study
12:00 Lunch
2:00 Movie and Popcorn
5:00 Dinner

9/13 Wednesday

9:30 Exercise
11:00 Singalong
12:00 Lunch
2:00 Pretty Nails
3:30 Trivia

9/14 Thursday

9:30 Fitness Fun
10:30 Life Stations
12:00 Lunch
1:30 Art From the Heart
3:30 Bonanza
5:00 Supper

9/15 Friday

9:30 Move It or Lose IT !!
10:30 Puns and Poetry
12:00 Lunch
2:00 Life Stations
4:00 Mary Tyler Moore

9/16 Saturday

10:30 Bingo
12:00 Lunch
2:00 Saturday Matinee
5:00 Dinner

9/17 Sunday

10:00 Morning Reflection
10:30 Lakeside Church
Service
12:00 Lunch
2:00 Life Stations
4:00 Rest and Relaxation

9/18 Monday

9:15 Fitness Fun
10:30 Fancy Nails
12:00 Lunch
2:00 Bingo
3:30 Noodle Ball
5:00 Dinner

9/19 Tuesday

Happy Birthday Linda
9:15 Chair Tai Chi
10:00 Bible Study
12:00 Lunch
2:00 Movie and Popcorn
5:00 Dinner

9/20 Wednesday

9:30 Exercise
11:00 Singalong
12:00 Lunch
2:00 Pam Austin Sing-Along
3:30 Trivia

9/21 Thursday

Happy Birthday Preston
9:30 Fitness Fun
10:30 Life Stations
12:00 Lunch
1:30 Art From the Heart
3:30 Bonanza
5:00 Supper

9/22 Friday

9:30 Move It or Lose IT !!
10:30 Puns and Poetry
12:00 Lunch
2:00 Life Stations
4:00 Mary Tyler Moore

9/23 Saturday

1st Day of Autumn
10:30 Bingo
12:00 Lunch
2:00 Saturday Matinee
5:00 Dinner

9/24 Sunday

10:00 Morning Reflection
10:30 Lakeside Church
Service
12:00 Lunch
2:00 Life Stations
4:00 Rest and Relaxation
5:00 Dinner

9/25 Monday

9:15 Fitness Fun
10:30 Fancy Nails
12:00 Lunch
2:00 Bingo
3:30 Noodle Ball
5:00 Dinner

9/26 Tuesday

9:15 Chair Tai Chi
10:00 Bible Study
12:00 Lunch
2:00 Movie and Popcorn
5:00 Dinner

9/27 Wednesday

9:30 Exercise
11:00 Singalong
12:00 Lunch
2:00 Bean Bag Toss
3:30 Trivia

9/28 Thursday

9:30 Fitness Fun
10:30 Life Stations
12:00 Lunch
2:00 Movie and Popcorn
5:00 Supper

9/29 Friday

9:30 Move It or Lose IT !!
10:30 Puns and Poetry
12:00 Lunch
2:00 Life Stations
4:00 Mary Tyler Moore

9/30 Saturday

10:30 Bingo
12:00 Lunch
2:00 Saturday Matinee
5:00 Dinner